

Transylvania County Resources & Senior Services Directory 3rd Edition - 2012

Serving: Adults Over 60 Years,
Adults 18 and over with disabilities, and Caregivers



This directory is not all-inclusive and inclusion in this directory does not imply endorsement by Land-of-Sky Regional Council or the Transylvania County Community Resource Connections (CRC) Office.

This directory prepared in collaboration by:

Land-of-Sky Regional Council

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&

Transylvania County Community Resource Connections (CRC) Office

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ABUSE

Adult Protective Services (APS)

Contact Person: Intake Social Worker

Phone: (828) 884-3174

106 East Morgan Street, Brevard NC 28712

Hours of Operation: M-F 8:30 am - 5 pm

**After regular business hours call 884-3188 and ask to speak to an Adult Services On-Call Social Worker

Services Offered: APS evaluates reports alleging that disabled adults with a physical or mental incapacity or elderly adults are abused, neglected or exploited and are in need of protective services. APS will determine whether the adult is able to perform and/or obtain necessary services. APS also assesses the situation to determine what services are needed to protect the adult from further mistreatment.

SAFE, Inc. of Transylvania County

Phone: (828) 885-7233

Fax: (828) 885-2559

50 Appletree Street, Brevard NC 28712

Web: www.safebrevard.com

Services Offered: This agency works to prevent domestic violence in the community. There is abuse prevention education, rape prevention program, community outreach and education and The New Leaf Program. There is also a shelter for women and children who have experienced domestic violence. The number listed above has someone available 24 hours a day/ 7 days a week.

Brevard Police Department

911 for an emergency situation

Phone: (828) 883-2212

114 W. Jordan Street, Brevard NC 28712

Transylvania County Sheriff's Department

911 for an emergency situation

Phone: (828) 884-3168

153 Public Safety Way, Brevard NC 28712

ADULT DAY CARE / ADULT DAY HEALTH

Azalea Day Program

NC Outreach Homecare, LLC

Contact Person: Roxann Jones

Phone: (828) 877-2112

3431 Asheville Hwy, Pisgah Forest NC 28768

Website: www.ncoutreach.com

Services Offered: This program works with people that have a disability through CAP-MR/DD. The program offers numerous activities including exercise equipment, craft areas, computer stations, educational activities, and daily educational opportunities. The program also participates in numerous company-wide scheduled events and volunteer opportunities. A referral from Western Highlands is needed for the program. Medicaid only is accepted.

ADULT DAY CARE/ADULT DAY HEALTH, continued

KOALA (Keeping Older Adults Living Abundantly)

Contact Person: Robert Anderson

Phone: (828) 884-2980

Fax: (828) 883-2492

23 Medical Park Circle, Brevard NC 28712

Hours of Operation: M-F 7:30 am - 5:30 pm

Services Offered: This program provides a safe environment for older adults to socialize and receive medical care. There are numerous activities for the participants to enjoy on a daily basis. There are registered nurses and CNAs on staff to help care for the participants. The ratio for staff to participants is 1:6. There are grants that assist with the cost of this program. Also, long-term care insurance will often cover the expense.

Life Skills of Brevard - Transylvania Vocational Services, Inc.

Contact Person: Carla Hill

Phone: (828) 884-3195

Fax: (828) 884-3102

11 Mountain Industrial Drive, Brevard, NC 28712

Mailing: PO Box 1115, Brevard, NC 28712

Email: carla@tvsinc.org

Website: www.tvs.inc.org

Services Offered: This program serves as adult enrichment and is designed to promote personal independence in a group setting. Life Skills serves a wide range of ages starting at 18 years old. Life Skills specifically serves individuals with intellectual or developmental disabilities.

ALZHEIMER'S AND DEMENTIA

Alzheimer's Association - Western Carolina Chapter

Phone: (800) 272-3900 24-hour Help Line

PO Box 748, Asheville, NC 28802

Email: infonc@alz.org

Website: www.alz.org/northcarolina

Services Offered: This Chapter serves the 49 most western counties in NC. For assistance and information call the help line 24 hours a day. A local support group is offered at Transylvania Regional Hospital on the 4th Thursday of every month. The group begins at 5:30pm.

MemoryCare

Phone: (828) 771-2219

100 Far Horizons Lane, Asheville, NC 28803

Email: office@memorycare.org

Web: www.memorycare.org

Services Offered: This non-profit agency provides specialized medical care to older adults. They also provide caregivers with education, counseling and access to services. This program accepts Medicare and Medicaid for their patients. Other fees may apply as well.

Memory Caregiver's Network

Contact Person(s): Pat Hilgendorf or Mary Donnelly

Phone: (828) 645-9189 or (828) 230-4143

Services Offered: This is a support group of caregivers of people with memory loss. This group meets on the 3rd Tues of every month from 5:30-7 pm in the Duke Conference Room at Park Ridge Health in Hendersonville, NC.

Project C.A.R.E. (Caregivers Alternative to Running on Empty)

Park Ridge Health

Phone: (828) 687-5609

Services Offered: This program provides training and resources for family caregivers, care providers and the community. This program has links to the local Alzheimer's Association and the local area agencies on aging. Project C.A.R.E. provides respite care, family consultation and other services.

ASSISTED LIVING FACILITIES

Cedar Mountain House

Phone: (828) 884-9510

11 Sherwood Ridge Road, Brevard NC 28712

Email: ceda@adm@longlsl.com

Website: www.cedarmountainhouse.com

Services Offered: This assisted living facility provides a caring atmosphere, an active community and comfortable life for the residents. This facility is fully licensed and accredited. They accept private payment, private insurance and Medicaid.

College Walk

Phone: (828) 884-5800 or (800) 280-9600

100 N. College Row, Brevard, NC 28712

Website: www.collegewalkretirement.com

Services Offered: This facility combines elegant amenities with comforts of home. College Walk offers both independent living residences and assisted living homes. Assisted living services include housing, support services and health care as needed.

Kingsbridge House

Contact Person: Rose Lane

Phone: (828) 884-6137

Fax: (828) 883-4625

10 Sugar Loaf Road, Brevard, NC 28712

Email: king.bom@longlsl.com

Website: www.kingsbridgehouse.com

Services Offered: This facility provides affordable assisted living in an atmosphere where residents can live life to the fullest. It also offers memory-related services. The facility is licensed as a Special Care Facility and provides a supportive environment for individuals with Alzheimer's and memory related dementias. This facility is fully licensed and accredited. They accept private payment, private insurance and Medicaid.

ASSISTED LIVING FACILITIES, continued

Tore's Homes

Phone: (828) 884-5007

PO Box 362, Brevard, NC 28712

Website: www.toreshome.com

Services Offered: These facilities offer independent living, assisted living and extended care services. Each facility is a residential-like setting with the comforts of home. This is private pay only.

INDEPENDENT LIVING: This service helps postpone admission into a facility for the patients. This service offers assisted living in the patient's own home.

ASSISTED LIVING FACILITIES: This service provides care in a true home environment. Assistance with personal care, laundry, housekeeping and transportation to medical appointments are all included. Also, meals are included.

EXTENDED CARE FACILITIES: This service provides virtually total care to the patient. Assistance with personal care, laundry, housekeeping and transportation to medical appointments are all included. Also, meals are included.

CAREGIVER RESOURCES

Family Caregiver Support Program - Land-of-Sky Regional Council

Contact Person: Carol McLimans

Phone: (828) 251-6622 ext. 119

339 New Leicester Hwy., Suite 140, Asheville, NC 28806

Email: carol@landofsky.org

Website: www.landofsky.org

Services Offered: This program provides support for family members who are caring for an elder family member. The assistance provided includes information on available services, counseling, support groups, respite care and supplemental services.

CAREGIVER WEBSITES

Caregiver Stress

www.caregiverstress.com

This site helps a caregiver care for themselves while also caring for an aging loved one.

Children of Aging Parents

www.caps4caregivers.org

This site assists caregivers of elderly or chronically ill. It also helps gives them reliable information, referrals and support.

Elder Care Planning

www.elderindustry.com

This site gives tips on planning for elder care. It also provides information on eldercare challenges. Downloads are also available for certain documents.

Family Caregivers Alliance

www.caregiver.org

This site helps give caregivers a public voice. It also provides them information, education, services, research and advocacy.

Geriatric Resources, Inc.

www.geriatric-resources.com

This site provides links to geriatric related topics.

National Family Caregivers Association

www.thefamilycaregiver.org

This site helps educate, support, empower and be a voice for the ones needing care and the ones providing the care.

Resources for Aging – The Caregiver Sourcebook

www.ageinfo.com

This site helps empower caregivers to be more effective and efficient.

Today’s Caregiver

www.caregiver.com

This site provides information, support and guidance for family and professional caregivers. It is developed for caregivers, about caregivers and by caregivers.

Well Spouse Foundation

www.wellspouse.org

This site offers peer to peer support. It also advocates for the needs of individuals caring for his or her spouse/partner.

CLOTHING

Clothing Closet at Sharing House

Phone: (828) 884-2866

Fax: (828) 884-2573

Oakdale Street and Duckworth Avenue, Brevard, NC 28712

Hours of Operation: M, W-F 9 am - 3:30 pm; Closed from 12:00 pm - 1:00 pm; Tues 11 am - 3:30 pm

No appointment necessary but must meet eligibility guidelines

Goodwill Retail Store

Phone: (828) 884-7117

1266 Asheville Hwy, Brevard, NC 28712

Hours of Operation: M-Sat 8 am - 8 pm;

Sun 1 pm - 6 pm

Humane Society Thrift Shop

Phone: (828) 884-6577

84 East Main Street, Brevard, NC 28712

Hours of Operation: M-Sat 10:30 am - 4:45 pm

Cash and Check Only

CLOTHING, continued

SAFE's Attic

Phone: (828) 884-2615
314 N. Broad Street, Brevard, NC 28712
Hours of Operation: M-F 9 am - 5 pm; Sat 9 am - 4 pm

The Shop of St. Philip's

Phone: (828) 884-9660
44 Four Seasons Plaza, Brevard, NC 28712
Hours of Operation: M-Sat 10 am - 4 pm

Tiger Town Thrift Shop (WCCA)

Phone: (828) 884-9222
Hwy 178 South, Rosman, NC 28772
Across from Rosman Middle/High School
Hours of Operation: M-F 10 am - 4:30 pm; Sat 10 am - 3:30 pm

DENTAL CARE

Asheville Affordable Dentures

Phone: (828) 298-9928
145 Tunnel Road, Asheville, NC 28805
Hours of Operation: Doors open M-F at 7 am

Services Offered: This office provides denture related services and tooth extractions. The same day service is usually possible.

Blue Ridge Free Dental Clinic

Phone: (828) 743-3393
130 Hwy 64 East, Cashiers, NC 28717
Email: info@blueridgefreedentalclinic.org
Web: www.blueridgefreedentalclinic.org
Hours of Operation: M,W 10 am -5 pm

Services Offered: This service provides dental care for people without insurance and 200% of poverty level.

Dental Lifeline Network (Formerly National Foundation of Dentistry for Handicapped)

Phone: (303) 534-5360
1800 15th Street, Suite 100, Denver, CO 80202
Website: www.nfdh.org

Services Offered: The organization serves those with disabilities, the elderly and those medically compromised. In order to access the program, go to the organizations website and then click on Donated Dental Services; then State DDS programs; then North Carolina; then open NC Application.

Stokes Dental Center

Phone(s): (828) 696-0512 or (828) 692-4289

Fax: (828) 692-5766

2579 Chimney Rock Road, Hendersonville, NC 28792

Website: www.brchs.com

Hours of Operation: M, W-F 8 am - 5 pm, Tues 8 am - 8 pm

Services Provided: This office provides dental care to people of all ages, whether they have dental insurance or not. Numerous dentists are on staff and same day appointments are often available.

DISABILITY SERVICES

Community Alternative Programs (CAP-DA) - Transylvania Regional Hospital

Contact Person: Danielle Myers

Phone: (828) 862-6366

260 Hospital Drive, Brevard, NC 28712

Services Offered: This program is designed to help Medicaid patients find home-based services in order to delay or prevent the need for nursing home care. Services provided include in-homes aides, nutritional supplements, home modification assistance and funds for Adult Day Care and Adult Day Health.

Clients must also have a support system in place. This would include a family member, neighbor or friend. This person(s) could provide assistance if the in-home aide was not able to be in the home for a short period of time. This program is for Medicaid clients only.

Community Alternative Programs (CAP-MR/DD) - Transylvania Vocational Services, Inc.

Contact Person: Carla Hill

Phone: (828) 884-3195

Fax: (828) 884-3102

11 Mountain Industrial Drive, Brevard NC 28712

Email: carla@tvsinc.org

Web: www.tvs.inc.org

Services Offered: This program is designed to help individuals with intellectual and developmental disabilities. Numerous supports and services are offered for these individuals. These can include day supports, respite, home and community supports, residential supports, personal care, supported employment and long-term vocational supports.

Community Care of Western North Carolina (CCWNC)

Phone: (828) 259-3879

Fax: (828) 259-3875

53 South French Broad Avenue, Suite 300, Asheville NC 28801

Services Offered: This agency is a non-profit, community-based health care delivery system for Medicaid recipients that is organized and operated by community partners. The service provides case management services, transitional care and an uninsured initiative.

DISABILITY SERVICES, continued

Disability Partners

Phone: (828) 298-1977

Fax: (828) 298-0875

108 New Leicester Highway, Asheville NC 28806

Services Offered: This agency is a center for independent living. They offer numerous services including information and referral, independent living skills, peer support and advocacy. There are also other services and resources provided through this agency.

Key Associates

Phone: (828) 696-2441

PO Box 306, Flat Rock, NC 28731

Email: admin@keyassociates.biz

Website: www.keyassociates.biz

Services Offered: This business is focused on helping older adults and those with disabilities to live safely and comfortably in their own homes. The services include safety checks, addressing maintenance issues and running errands. They also can help downsize homes and de-clutter. All employees are bonded and insured.

NC Outreach Homecare

Contact Person: Roxann Jones

Phone: (828) 877-2112

3431 Asheville Hwy., Pisgah Forest, NC 28768

Services Offered: This program offers a wide range of services for people over the age of 60 and for those with disabilities. NC Outreach offers CAP-DA and CAP-MR/DD services. A Day Program and Home Care services are also available. In order to access services, Western Highlands must be contacted and the client must have Medicaid.

*The CAP program offers services in the client's home and in the community.

*The Azalea Day Program offers socialization, fitness, crafts and other activities.

*The Home Care services offer in-home aides for housekeeping and personal care.

NC Services for the Blind

Contact Name: Susan Leschak

Phone: (828) 884-3174 ext. 287

Fax: (828) 884-3261

106 East Morgan Street, Brevard, NC 28712

Hours Of Operation: Wednesdays

Regional Office:

50 S. French Broad Street, Suite 153, Asheville, NC 28801

Phone: (828) 251-6732

Services Offered: This service provides an independent living program, adjustment to vision loss training, in-home assistance and low-vision aids for those in the county with vision loss. A current eye report from the doctor must be given to the social worker to be eligible for the program. The social worker will meet one-on-one with the client to determine what type of services and assistance is needed. Services are offered free of charge to eligible clients.

NC Services for the Deaf and the Hard of Hearing

Voice Phone: (828) 665-8733

Toll Free: (800) 681-7998

TTY Phone: (828) 665-8737

TTY Toll Free: (800) 681-8035

Fax: (828) 670-5054

12 Barbetta Drive, Asheville, NC 28806

Services Offered: This service provides for all individuals who are deaf or hard of hearing and their family members. This service provides advocacy, consultation, communication and support. There is no charge for most services offered to the clients.

Plans for Life

Phone: (828) 687-9303

Fax: (828) 687-9536

119 Twin Springs Road, Hendersonville, NC 28792

Services Offered: This agency offers therapeutic case management and CAP-DD services. They accept Health Choice, Medicaid, Medicare and Private Pay. Plans for Life serves Buncombe, Henderson and Transylvania Counties.

RHA Health Services

Phone: (828) 698-0623

Fax: (828) 698-0627

218-B West Allen Street, Hendersonville, NC 28739

Services Provided: This agency is a non-profit provider of services and supports for people with developmental and intellectual disabilities. This agency provides a variety of services including Adult Developmental and Vocational Program (ADVP), intake and assessments, day services, developmental therapy, group homes, home and community supports, personal care services, skilled nursing and respite services.

Western Highlands Network

Phone: (828) 225-2800

Toll Free: (800) 951-3792

Fax: (828) 225-2784

356 Biltmore Avenue, Asheville, NC 28801

Services Offered: This is a local management entity (LME) serving 8 counties in Western North Carolina. This agency serves those people with have a mental illness, a developmental disability or someone dealing with substance abuse issues. The toll-free phone number listed above can be accessed 24 hours a day/7 days a week.

EDUCATION

Blue Ridge Community College - General Education Diploma (GED)

Contact Person: Jan Epting

Phone: (828) 883-2520

45 Oak Park Drive, Brevard, NC 28712

Website: www.blueridge.edu

Services Offered: This program offers people who did not receive their high school diploma the opportunity to complete their education. This program operates Mon-Thurs.

Education

EDUCATION, continued

Blue Ridge Community College

Economic and Workforce Development Continuing Education Courses

Phone: (828) 883-2520

45 Oak Park Drive, Brevard, NC 28712

Website: www.blueridge.edu

Services Offered: The Division of Economic and Workforce Development/Continuing Education (EWD/CE) offers a variety of courses, programs of study and services vital to our community. EWD/CE has the flexibility to quickly offer courses that meet the rapidly changing needs of our local workforce and to address the diverse interests of our community members. Training is usually short in length and focused on improving workplace skills or on personal enrichment.

Brevard College - Creekside Program

Contact Person: Carol Persek

Phone(s): (828) 883-8292 or (828) 884-8251

One Brevard College Drive, Brevard, NC 28712

Website: www.brevardcollege.edu

Services Offered: Brevard College offers a comprehensive program of enrichment courses. Some of the courses include arts, crafts, business, computers and health. Brevard College also offers 3 special programs including, Inside Transylvania, Great Decisions and Campus Adventures. The Creekside Program is open to anyone ages 4 to 104.

Centro Comunitario Hispano- Americano

Phone: (828) 883-2900

249 East Main Street, Brevard, NC 28712

Services Offered: This program offers assistance in learning the English language. They also provide a variety of other outreach services to the Hispanic community.

Meridian Behavioral Health Services

Recovery Education Center

Phone: (828) 883-2708

Fax: (828) 883-2709

69 North Broad Street, Brevard, NC 28712

Email: information@meridianbhs.org

Website: www.meridianbhs.org

Services Offered: This program offers wellness classes and workshops. Referrals for medication management, individual treatment, support and a resource library are also available.

FINANCIAL SERVICES

OnTrack Financial Education and Counseling

Phone: (828) 255-5166

Toll Free: (800) 737-5485

50 S French Broad Avenue, Suite 227

Asheville, NC 28801

Hours of Operation: M-F 8:30 am - 5 pm

Website: www.ontrackwnc.org

Services Offered: This program offers budget counseling, reverse mortgage counseling, debt management and foreclosure prevention counseling. Educational programs are also available. All services are confidential and offered at little or no cost to the client.

FOOD (MEALS AND FOOD PANTRIES)

Anchor Baptist Ministries International

Church: (828) 884-7610

Warehouse: (828) 877-2978

3232 Hendersonville Hwy., Pisgah Forest, NC 28768

Email: missions@anchorbaptist.org

Hours of Operation: M-F 1:30 pm - 5:30 pm

Services Offered: This organization offers several programs that provide food to the community. The availability of the food varies.

SURPLUS: This program makes available name brand groceries at minimal cost. Recipients may shop weekly for a service fee of .60 cents per pound. There is no age limit or income limit for this program.

SALVAGE: This program provides certain bulk items that are made available for a suggested service fee of .20 cents per pound. There is no age limit or income limit for this program.

TEFAP: This program provides a pre-packed box of groceries at no charge as often as once a week based on need and income. (Transylvania and Henderson County Residents Only).

SNAP: This program provides a pre-packed box of groceries at no charge up to three times in one year to meet emergency needs. Participants must be in extreme need. (WNC Residents Only).

MANNA (Senior Citizen Food Program): This program is available to those 62 years and older that meet certain income guidelines. This ministry provides a "grocery store" style shopping opportunity once a month. Information packets with applications are available at the church or warehouse offices. A sponsor is also needed for this program. A sponsor agrees to pay for the cost of the box each month for the recipient. This program is offered the 3rd Thursday of every month.

Bread of Life Community Kitchen

Contact Person: Michael Collins

Phone: (828) 877-3577

248 South Caldwell Street, Brevard, NC 28712-3604

Hours of Operation: M-F 12 pm - 2 pm

Services Offered: This is a free community kitchen that provides meals for residents of Transylvania County that are in need. Meals can be taken out.

FOOD (MEALS AND FOOD PANTRIES), continued

Brevard Wesleyan Church - Community Outreach Dinner

Phone: (828) 883-8408

583 North Broad Street, Brevard NC 28712

Website: www.brevardwesleyan.com

Services Offered: Brevard Wesleyan Church offers home-cooked meals the 4th Thursday of every month. The meals are free to the community. November and December meals are offered at a different time due to the holidays. Call the church office to find out when those meals are served.

Food and Nutrition Services (formerly Food Stamps) - Transylvania County Department of Social Services

Contact Person: Food Nutrition Services Intake Worker

Phone: (828) 884-3174

106 East Morgan Street, Brevard, NC 28712

Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: Food and Nutrition Services (FNS) assist eligible households with purchase of food through a EBT card. A household may be an individual person or families. Eligibility for FNS is based on income and reserve guidelines.

Food Pantry at Sharing House

Contact Person: Graham Ganner

Phone: (828) 884-2866

Fax: (828) 884-2573

Oakdale and Duckworth Streets, Brevard, NC 28712

Hours of Operation: M, W-F 9 am - 12 pm and 1 pm - 4 pm; Tues 11 am - 4 pm

Services Offered: This program provides food to the community. There is an eligibility guideline that must be met in order to receive the food. An appointment is necessary. The pantry also offers cleaning supplies and hygiene products.

Meals on Wheels

Contact Person: Andrea Heidmann

Phone: (828) 883-3743

PO Box 485, Brevard, NC 28712

Services Offered: This program provides nutritious hot meals at noon time for home bound people as well as people with disabilities. Meals are delivered 5 days a week. The cost is \$4.25 per meal but financial assistance is available. This program serves Transylvania County residents up to the Harmony Corner area.

Mobile Meals (WCCA)

Contact Person: Pam McCall
 Phone: (828) 884-2255
 181 Hillview Extension, Brevard, NC 28712
 Website: www.wcca.net

Services Offered: This program provides midday meals five days a week to individuals who are over the age of 60 and are homebound. These individuals must live in the Rosman, Lake Toxaway and Quebec communities. These meals are prepared by Transylvania Regional Hospital and are transported to the Quebec Center for delivery to the participants. Funding is provided by Home and Community Care Block Grant Funds, Tiger Town Thrift Store and local donations. Participants are asked to make a donation for their meals. This program serves Transylvania County residents who live beyond the Harmony Corner area.

Silvermont "Lunch Plus" Program (WCCA)

Contact Person: Alice Taylor
 Phone: (828) 884-3166
 364 East Main Street, Brevard, NC 28712
 Hours of Operation: M-F 10 am - 12 pm

Services Offered: This program offers a midday meal and one activity for people 60 years and over. Activities can include BINGO, music and crafts. Transportation may be available through the county.

Quebec Congregate Meal Site

Contact Person: Pam McCall
 Phone: (828) 862-4466
 Highway 64 West, Lake Toxaway, NC 28747
 Website: www.wcca.net

Services Offered: This program offers a midday meal along with social activities and educational programs for people 60 years and over. Transportation may be possible through county transportation. County Transportation also brings the participants into town once per week.

MANNA Food Bank Sites**Community Baptist Church**

Contact Persons: Shirley Raines or Christina Dobbins
 Phone(s): (828) 883-3931 or (828) 862-8187
 200 Buena Vista Road, Brevard, NC 28712
 2nd and 4th Thurs of each month from 5 pm - 6:30 pm

Crossroads Baptist Church

Contact Person: Carol Whitesides
 Phone: (828) 862-8138 (Call between 8 am - 8 pm)
 320 Whitmire Street, Brevard, NC 28712
 2nd Fri of every month from 10 am - 12 pm

God's Way Church

Contact Person: Lydia Perry
 Phone: (828) 884-7793
 525 Tannasee Gap Road, Balsam Grove, NC 28708
 Every Sat from 10 am - 12 pm.

Food - Furniture / Appliances

MANNA Food Bank Sites, continued

Rosman United Methodist

Contact Person: Ann Self (Call between 8 am - 8 pm)
Phone: (828) 734-4487
95 Church Street, Rosman, NC 28772
Last Sat of every month from 10 am - 12 pm

Samuel's Haven Food Pantry

Contact Person: Julie Hendon
Phone: (828) 553-9677
There are no regular hours for this food pantry. Most of the food is delivered to people in an emergency situation. Call the number listed in order to have the food delivered.

FURNITURE / APPLIANCES

Anchor Baptist Ministries International

Warehouse: (828) 877-2978
3232 Hendersonville Hwy, Pisgah Forest, NC 28768
Hours of Operation: M-F 1:30 pm - 5:30 pm

Goodwill Retail Store

Phone: (828) 884-7117
1266 Asheville Hwy, Brevard NC 28712
Hours of Operation: M-Sat 8 am - 8 pm; Sun 1 pm - 6 pm

Habitat for Humanity Thrift Store

Phone: (828) 862-4663
101 Old Hendersonville Hwy, Brevard, NC 28712
Hours of Operation: M-F 9 am - 5 pm; Sat 9 am - 4 pm

Humane Society Thrift Shop

Phone: (828) 884-6577
84 East Main Street, Brevard, NC 28712
Hours of Operation: M-Sat 10:30 am - 4:45 pm
Cash and Check Only

SAFE's Attic Interiors

Phone: (828) 884-2617
144 E. Main Street, Brevard, NC 28712
Hours of Operation: M-F 10 am - 5 pm; Sat 9 am - 4 pm

Sharing House

Phone: (828) 884-2866
Oakdale Street and Duckworth Ave, Brevard NC 28712
Hours of Operation: M, W-F 9 am - 12 pm and 1 pm - 3:30 pm; Tues 11 am - 3:30 pm

The Shop of St. Philip's

Phone: (828) 884-9660

44 Four Seasons Plaza, Brevard, NC 28712

Hours of Operation: M-Sat 10 am - 4 pm

Tiger Town Thrift Shop (WCCA)

Phone: (828) 884-9222

Hwy 178 S, Rosman, NC 28772 (Across from Rosman Middle/High School)

Hours of Operation: M-F 10 am - 4:30 pm; Sat 10 am - 3:30 pm

GROUP HOMES (DISABILITIES)

Easter Seals of United Cerebral Palsy of NC and VA

Contact Person: Kim Foster

Phone: (828) 862-3401 Fax: (828) 877-5951

31 James Street, Brevard, NC 28712

Hours of Operation: M-F 8 am - 4 pm; Group Home open 24 hours

Services Offered: This is a 6-bed facility that serves people that have been diagnosed with Cerebral Palsy or that have intellectual and developmental disabilities. Payment is accepted through Medicaid, Medicare and Social Security. Residents must be 18 years of age or older.

Fisher Road Group Home - Transylvania Vocational Services, Inc.

Contact Person: Carla Hill

Phone: (828) 884-3195

Fax: (828) 884-3102

120 Fisher Road, Brevard, NC 28712

Email: carla@tvsinc.org

Website: www.tvs.inc.org

Services Offered: This is a 4 bed facility that serves adults with intellectual and developmental disabilities. All residents must be ambulatory.

Forest Bend Group Home

Contact Person: Pat Ashburn

Phone(s): (828) 877-4062 or (828) 553-1621

1 South Oak Street, Brevard, NC 28712

Services Offered: This is a 6 bed facility that serves adults with mental and physical challenges. This home is an Intermediate Care Facility. This home is operated through RHA Health Services, Inc.

Tanjer House - Transylvania Vocational Services, Inc.

Contact Person: Carla Hill

Phone: (828) 884-3195

Fax: (828) 884-3102

16 Appletree Street, Brevard, NC 28712

Email: carla@tvsinc.org

Website: www.tvs.inc.org

Services Offered: This is a 3 bed facility that serves adults with intellectual and developmental disabilities. All residents must be ambulatory.

GROUP HOMES (DISABILITIES), continued

Transylvania Association for Disabled Citizens (TADC)

Contact Person: Drew Nelson

Phone: (828) 883-2980

Fax: (828) 883-3188

830 Probart Street Extension, Brevard, NC 28712

Email: tadc@citcom.net

Hours of Operation: M-F 8:30 am - 5 pm;

Group Home open 24 hours

Services Offered: This program provides support services and residential services for people with developmental disabilities. Services include a group home and support for individuals living in their own apartments to help them remain independent. Transportation to/ from appointments is provided along with other necessary supports.

HEALTH CARE

Blue Ridge Community Health Services

Phone: (828) 692-4289

2579 Chimney Rock Road, Hendersonville, NC 28793

Hours of Operation: M-Thurs 8 am - 8 pm; Fri 8 am - 5 pm

Website: www.brchs.com

Services Offered: This program provides primary health and dental care for adults, adolescents and children. There is also prescription assistance. Spanish translators are available.

Fitness At Home

Contact Person: Annie Shipley

Phone: (828) 606-8972

Email: ashipley@morrisbb.net

Services Offered: This program offers fitness instruction in your home setting. The goal of this program is to assist seniors in improving their functional abilities and overall health. This will be done through training in diet, wellness and physical fitness.

Francis Warde Health Service

Contact Person(s): Jacquie Dewar or Martha Robinson

Phone: (828) 884-7990

22 Trust Lane, Brevard, NC 28712

Hours of Operation: M, W-F 9 am - 4 pm; Sat 10 am - 4 pm; Closed on Tues

Services Offered: This office provides basic health care for individuals at 200% or below poverty level. Services are offered on a sliding fee scale. Appointment can be made after necessary paperwork is complete. No chronic pain management clients accepted. No worker's compensation accepted.

Transylvania County Health Department

Phone: (828) 884-3135

Fax: (828) 884-3140

Human Services Building

East Morgan Street, Brevard NC 28712

Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This agency offers general population services including vaccines, vital records and hypertension screening. The Health Department also offers public health clinics including audiometer testing, diabetic screenings and cancer screening clinics. There is a fee for the testing and screenings.

Transylvania County Volunteers in Medicine (Free Clinic)

Phone: (828) 883-4454

Fax: (828) 883-3405

144 Duckworth Avenue, Brevard, NC 28712

Mailing Address: PO Box 1135, Brevard, NC 28712

Website: www.tcvim.org

Hours of Operation: Mon 9 am - 12 pm and 1 pm - 6 pm; Thurs 1 pm - 6 pm

Services Offered: This free clinic serves those in Transylvania County that have no medical insurance (including Medicare and Medicaid) and are 200% of poverty level and below. All patients are seen by a professional caregiver and then referred to an appropriate treatment source if needed. Health counseling and preventive education are also offered. In-house lab tests are available on a limited basis, such as urine dip sticks or blood glucose (blood sugar). X-rays and other tests are done by a certified lab. Treatment decisions are at the discretion of the clinic staff member on duty. Clients with emergency conditions are sent to the Transylvania Regional Hospital ER.

Transylvania Regional Hospital Mammogram Department

Contact Person(s): Delores Owen or Stephanie Laws

Phone(s): (828) 883-5132 or (828) 883-5323

260 Hospital Drive, Brevard, NC 28712

Website: www.trhospital.org

Hours of Operation: M-F 8 am - 4:30 pm, appointments encouraged

Services Offered: This program provides mammograms and follow-up diagnostic testing for women in Transylvania County without insurance. Eligibility guidelines must be met for free mammograms. A sliding fee scale is also available for those who do not qualify for a free mammogram.

Transylvania Regional Hospital Diabetes Education Program

Contact Person: Diane Davis, RN

Phone: (828) 883-5195

Fax: (828) 883-5128

260 Hospital Drive, Brevard, NC 28712

Hours of Operation: M, W and F 10 am - 4:30 pm

Services Offered: This program assists people in learning how to have the best life possible while still living with diabetes. A physician referral is needed in order to be involved in the program. Individual classes and small group classes are offered. Also, referrals can be made for a dietician or for foot care if needed. A sliding fee scale is available for those who qualify. This program is certified by the American Diabetes Association.

HEALTH CARE, continued

Transylvania Regional Hospital Fitness Program

Phone: (828) 883-5322

260 Hospital Drive, Brevard, NC 28712

Website: www.trhospital.org

Services Offered: This fitness program offers exercise equipment, blood pressure checks and has staff on duty. A physician's referral is necessary to begin the program. The cost is \$40 per month or \$5 per visit. There is a sliding fee scale available depending on eligibility.

Wound Care/Ostomy & Continence Services

Contact Person: Jane Fisher

Phone: (828) 883-5353

260 Hospital Drive, Brevard, NC 28712

Services Offered: The program's certified wound, ostomy and continence nurses provide individualized in-patient and outpatient treatment plans and education. Services include care for the treatment of chronic and acute wounds, diabetic foot care, incontinence management, ostomy care and education.

HEALTH INSURANCE

AARP (American Association of Retired Persons)

Phone: (888) OUR-AARP (1-888-687-2277)

Website: www.aarp.org

Email: member@aarp.org

Local Office:

Ask for AARP assistance

Phone: (828) 884-3109

Fax: (828) 884-3142

98 East Morgan Street, Brevard, NC 28712

Services Offered: This program is a nonprofit, nonpartisan membership organization that helps people 50 and over improve the quality of their lives.

Inclusive Health

Federal Option or State Option

Phone: (866) 665-2117

Website: www.inclusivehealth.org

Services Offered: This program provides affordable health insurance for people who have to purchase their own insurance and have a pre-existing medical condition. There is a wide range of coverage options.

Medicare SHIP (Senior's Health Insurance Information Program)

Phone: (800) 443-9354

Email: ncshiip@ncdoi.gov

Local Office:

Ask for SHIP assistance

Phone: (828) 884-3109

Fax: (828) 884-3142

98 East Morgan Street, Brevard, NC 28712

Services Offered: This program helps answer questions that surround Medicare, Medicare supplement insurance and long-term care insurance.

Transylvania County Department of Social Services - Adult Medicaid

Contact Person: Medicaid Intake Worker

Phone: (828) 884-3174

106 East Morgan Street, Brevard, NC 28712

Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This program assists individuals with the cost of medical care and other related costs. Adult Medicaid provides medical insurance, financial assistance for residential care and in some cases assistance to avoid residential care. Adult Medicaid can be for nursing home residents, assisted living residents, adults with disabilities, elderly individuals and individuals in specialized programs such as Community Alternative Programs (CAP) and Special Assistance In-Home. Eligibility for Adult Medicaid is based on income and resource guidelines.

HOME CARE

Compassionate Home Care

Contact Person: Sam Smitherman

Phone: (828) 877-5906

735 6th Avenue West, Hendersonville, NC 28739

Services Offered: This program provides transportation, housekeeping and numerous other services. There are Certified Nursing Assistants (CNA) and in-home aides that work in the home. This service is private pay only.

Home Instead Senior Care

Phone: (828) 274-4406

Fax: (828) 274-4106

1293 Hendersonville Road, Suite 4, Asheville, NC 28803

Services Offered: This program offers non-medical assistance to older adults still in the home. Services can include companionship, meal preparation, light housekeeping, personal care, errands and incidental transportation. Home Instead Senior Care offers trained, bonded and insured caregivers to provide these services.

HOME CARE, continued

Mountain Home Care

Phone: (828) 684-6444

Fax: (828) 684-6499

1748 Brevard Road, Arden, NC 28704

Email: info@mountainhomecare.com

Website: www.mountainhomecare.com

Services Offered: This program provides non-medical companion care in Western North Carolina. Highly trained caregivers offer companionship, meal planning and preparation, incidental transportation, light housekeeping, bath supervision and many more services. This business also offers Geriatric Care Management.

NC Outreach Homecare, LLC

Contact Person: Roxann Jones

Phone: (828) 877-2112

4331 Asheville Hwy., Pisgah Forest, NC 28768

Services Offered: This program provides housekeeping services, personal care services and others to people who need help in their own home. A referral from Western Highlands is needed for acceptance into the program. Medicaid only is accepted.

Transylvania Regional Hospital Home Care

Contact Person: Karen Reid, Intake Worker

Linda Fluck, RN Home Care Manager

Phone: (828) 883-5254

Fax: (828) 883-5331

166 Asheville Hwy Suite 5, Brevard, NC 28712

Hours of Operation: M-F 8 am - 4:30 pm

Services Offered: Home Care offers a variety of special services which permit patients to get the care they need in the comfort of their own homes. Home Care has a dedicated, compassionate and professional staff, made up of registered nurses, certified nursing assistants, therapists and social workers who work together to provide a variety of home health offerings. There services include:

HOME HEALTH: Home Health Services assist in helping a person to recuperate at home or manage a chronic illness. A doctor's order is required and the patient must have a skilled need. The patient must also be home bound. The patient can receive nursing, Physical Therapy, Occupational Therapy, Social Workers and in-home aides. Supplies for incontinence can be provided for Medicaid only. Medicare, Medicaid and private insurances are accepted for all other services under Home Health.

IN-HOME AIDE SERVICES: Certified Nursing Assistants (CNA) provide a variety of services to the patient. They are able to assist in personal care, which includes bathing, dressing, grooming and toileting. They also help with homemaker services such as shopping, errands, light housekeeping, meal preparation and companionship. Resources for payment include local, state and federal grants, long-term care insurance and private pay. Home Care will assist in determining eligibility.

NURSING SERVICES: This service provides private nursing services to the patient. These services include blood work, vital signs, etc. This is private pay only.

GERIATRIC CARE MANAGEMENT: This service is provided by a registered nurse and/or a medical social worker. Services include comprehensive nursing assessment, identification of problem areas, recommendations, communication with physicians, as well as local and long-distance family members. Transportation can be provided to doctors appointments. This program specializes in dementia care, home safety evaluation and assisted living/nursing home placement. This service is private pay only at a rate of \$100 per hour. This can be pro-rated as needed.

LIFELINE: This is an emergency response system which links the individuals, via telephone and specialized electronic equipment with continuous emergency assistance. The client receives a locket-sized electronic device. The Emergency assistance can be summoned at the touch of a button. There is a monthly fee for this service. Typically, it is through private pay only. However, often times there are funds that can assist with the cost. Home Care can help determine eligibility.

RESPIRE SERVICES: This service is available to families who are caring for loved ones at home. When requested, the service places skilled caregivers in the home for a few hours so family members can enjoy a break. This service is provided through grants. Home Care can determine eligibility.

Simply Home

Phone: (828) 684-8441

Toll Free: (877) 684-3581

Fax: (828) 684-3590

1985 Hendersonville Road, Suite 110, Asheville NC 28803

Website: www.simply-home.com

Services Offered: This program offers a unique and discreet system of sensors for in-home care. The system is put into place when a family member or caregiver cannot be there for a loved one. This program allows older adults to continue to live independently.

HOMELESS

Asheville Buncombe Community Christian Ministries (ABCCM)

Phone: (828) 259-5300

Fax: (828) 259-5323

30 Cumberland Avenue, Asheville, NC 28801

Email: cwilson@abccm.org

Website: www.abccm.org

Services Offered: This agency provides numerous services to the community. They specifically offer Veteran's Restoration Quarters and Transitional Housing as well as Women's and Children's Shelter.

Hendersonville Rescue Mission

Phone: (828) 697-1354

Fax: (828) 697-8114

639 Maple Street, Hendersonville, NC 28792

Website: www.hendersonvillerescuemission.net

Services Offered: This program offers shelter to the homeless. They also offer food and medical assistance. This program also helps those with addictions to find the road to recovery.

Homeless - Home Repairs

HOMELESS, continued

Homeward Bound of Asheville

Main Office: (828) 258-1695

A HOPE Day Center (828) 252-8883

19 North Ann Street, Asheville, NC 28801

Email: info@hbofa.org

Website: www.hbofa.org

Services Offered: This program helps end the cycle of homelessness. There are numerous programs to help deal with all aspects of homelessness.

The Haven

Contact Person: Chris Nolan

Phone: (828) 877-2040

PO Box 25, Brevard, NC 28712

Email: info@thehavenshelter.org

Website: www.thehavenshelter.org

Services Offered: The Haven is a homeless shelter that provides safe, temporary housing in Transylvania County. The Haven is located behind the Bread of Life Community Kitchen on South Caldwell Street. A noon meal will be served at the Bread of Life facility.

Western Carolina Rescue Mission

Shelter: (828) 254-0471

Office: (828) 254-1529

225 Patton Avenue, Asheville, NC 28802

Services Offered: This program offers people who are poor, homeless or addicted a road to assistance. The Rescue Mission offers programs that aid in rescue, recovery and restoration.

HOME REPAIRS

TOWEL Ministry of St. Philip's Episcopal Church

Phone: (828) 884-3666

Fax: (828) 862-3849

256 East Main Street, Brevard, NC 28712

Services Offered: This program builds ramps, chair platforms and hand bars for those in need.

Essential Home Solutions, Inc.

Contact Person(s): Mark Stephenson or Randy Foster

Phone(s): (828) 553-0471 or (828) 553-06488

150 Pine Shore Drive, Brevard, NC 28712

Services Offered: This business offers custom home remodeling for those planning to age in their own home. This allows for individuals of all ages and abilities to have the opportunity to live in a home that supports their changing needs. They offer consultation, custom design, construction and installation. The cost is about \$50-60 per hour plus materials.

Weatherization Program (WCCA)

Contact Person: Lori Holbert

Phone: (828) 884-2255

181 Hillview Extension, Brevard, NC 28712

Website: www.wcca.net

Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: The Weatherization Program is designed to help low income families, folks over age 60 and individuals with a disability. This program helps stop air infiltration in a home, making it warmer in the winter and more comfortable in the summer. The major goal of the program is to save energy and money. Some of the methods used to weatherize a home may include the following: glass replacement, caulking, weather stripping, attic and floor insulation, window repair or replacement, door repair or replacement, water heater blankets, and water pipe and heat duct insulation. This service is available to low income homeowners at no cost and qualifying affordable rental landlords for a minimal fee.

HOSPICE

Four Seasons Hospice

Phone: (828) 692-6178

Toll Free: (866) 466-9734

571 South Allen Road, Flat Rock, NC 28731

Website: www.fourseasonsfl.org

Services Offered: This agency provides care for patients at the end of life. Hospice focuses on pain and symptom management. Comfort is the primary goal. Hospice services can be offered in private homes, at nursing facilities or in hospitals.

Also, Palliative Care and Bereavement Services are also offered through Four Seasons Hospice.

Transylvania Regional Hospital Hospice

Contact Person: Debbie Williams

Phone: (828) 883-5254

1266 Asheville Hwy. Suite 5, Brevard, NC 28712

Hours of Operation: M-F 8 am - 4:30 pm

Services Offered: Hospice provides comprehensive care for the terminally ill with a focus on comfort rather than curative care. A caring team of specially trained professionals (nurses, social workers, chaplains and physicians) and volunteers is dedicated to enabling the patient to live as fully and as comfortably as possible. Caregiver support is also offered.

Bereavement services are available for families. Services are offered at home, nursing homes or assisted living facilities. Hospice Care gives comfort to terminally ill patients and their families. Support groups and counseling services guide them through the dying and bereavement process.

Housing

HOUSING

Balsam Grove Apartments

Phone: (828) 884-3648

1301 Asheville Highway, Brevard, NC 28712

Hours of Operation: M,W,F 9 am - 4 pm

Services Offered: Section 8 is available for people living on low income, people age 62 and over and people with a disability. Eligibility requirements must be met and proof of income must be provided.

Brevard Housing Authority

Phone: (828) 884-2146

133 West Morgan Street, Brevard, NC 28712

Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This office offers public housing funding by HUD for people living on low income and/or people with a disability. Rent is based on 30% of income. An application must be filled out and all eligibility requirements must be met.

Broad River Terrace

Phone: (828) 862-6462

Old Hendersonville Hwy., Brevard, NC 28712

Services Offered: This apartment complex offers low income housing in a nice atmosphere. There are some handicap accessible apartments available. These apartments are also available for those living with a disability.

Cedar Hill Apartments

Phone(S): (828) 884-7232 or (828) 884-7668

120 Hospital Drive, Brevard, NC 28712

Services Offered: These apartments are for people living on low income. The apartments are handicap accessible. Eligibility requirements must be met. Residents must be at least 62 years old or have a disability.

English Hills Apartments

Phone: (828) 885-6016

15 Locks Drive, Brevard, NC 28712

Hours of Operation: M-Thurs 7 am - 1 pm

Services Offered: These apartments are available for people living on low income and meet eligibility guidelines. Some apartments are handicap accessible. Application does need to be completed. Credit checks and criminal background checks are completed on all applicants.

Excelsior Apartments

Phone: (828) 884-8881

58 Excelsior Drive, Brevard, NC 28712

Hours of Operation: M,W 8 am - 3 pm; closed 12 - 1 pm

Services Offered: These apartments are for people living on low income. An application must be filled out. Eligibility requirements must be met. Section 8 is not available for these units.

Laurel Village Apartments

Phone: (828) 883-3015

21 East Laurel Court, Brevard, NC 28712

Hours of Operation: Tues and Thurs 10 am - 2 pm

Services Offered: These units are for people living on low income, age 62 or over and those with a disability. Eligibility requirements must be met.

Habitat for Humanity Office

Phone: (828) 884-3464

PO Box 1071, Brevard, NC 28712

Email: THFH@transylvaniahabitat.org

Website: www.transylvaniahabitat.org

Services Offered: This program helps to eliminate poverty in the local community. This program also helps to assure that every family has a safe and decent house in which to live. Habitat for Humanity does this by providing housing for the needy through home ownership financed with no interest mortgages.

Mountain Glen Apartments

Phone: (828) 884-2725

Gallimore Road

88 Mountain Glenn Drive, Brevard, NC 28712

Hours of Operation: M-W 10 am - 2 pm

Services Offered: These units are for people living on low income. Eligibility requirements must be met. Rent is based on 30% of income. Section 8 housing is accepted.

Section 8 (WCCA)

Contact Person: Sonya Flynn

Phone: (828) 884-2255

181 Hillview Extension, Brevard, NC 28712

Website: www.wcca.net

Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This program enables very low-income families to obtain standard housing. To be eligible, an applicant individual or family must be very low-income (below 50% of area median). Families/individuals are expected to contribute 30% of adjusted monthly income toward rent and utility expenses; the balance, subject up to established ceilings, is subsidized. Each year the assisted families are re-evaluated to determine whether their incomes still permit them to qualify for assistance under the program and to adjust the family's portion of the rent.

LEGAL SERVICES

Legal Aide of North Carolina

Asheville Office

North Carolina Senior Legal Help Line

Phone: (828) 236-1080

Fax: (828) 236-2008

547 Haywood Road, Asheville, NC 28806

Website: www.legalaidnc.org

Services Offered: This program provides free legal assistance in civil matters to low income individuals. Areas of services include domestic violence, family law, consumer issues and tenant/landlord issues. Eligibility requirements must be met.

Pisgah Legal Services

Hendersonville: (828) 692-7622

Asheville: (828) 253-0406

Toll Free: (800) 489-6144

Fax: (828) 252-8927

PO Box 2276, Asheville, NC 28802

Website: www.pisgahlegalservices.org

Services Offered: This free program works to bring justice to vulnerable people in Western North Carolina. The attorneys in the program serve low income people with urgent civil legal needs such as domestic violence, tenant/landlord issues dealing with wrongful eviction, elder law and disability assistance

MEDICAL SUPPLIES AND EQUIPMENT

Advanced Home Care

Phone: (828) 696-8686

Fax: (877) 242-3296

165 Coolridge Street, Hendersonville, NC 28792

Services Offered: This business provides home medical equipment, respiratory services, home health and infusion therapy.

Ameri-Quipt of NC

Phone: (828) 877-3791

708 Fleming Street #A, Hendersonville, NC 28791

Services Offered: This business provides convalescent equipment and home respiratory equipment.

Anchor Baptist Ministries International

Church: (828) 884-7610

Warehouse: (828) 877-2978

3232 Hendersonville Hwy, Pisgah Forest, NC 28768

Hours of Operation: M-F 1:30 pm - 5:30 pm

Services Offered: This program loans medical equipment free of charge to the community. Wheelchairs, walkers and bath chairs are a few of the available items. The items are available on a first-come-first-serve basis.

Blue Ridge Home Care

Phone: (828) 884-8584

89 Medical Park Drive, Building 2, Brevard, NC 28712

Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This business offers home respiratory therapy, infusion therapy, CPAP machines, ventilators and other home medical equipment.

Care Solutions

Phone: (828) 698-9844

Toll Free: (866) 352-CARE

Fax: (828) 698-9845

110-B Edney Street, Hendersonville, NC 28792

Hours of Operation: M-F 9 am - 5 pm; on-call Sat and Sun

Website: www.caresolutions.us

Email: kayetefel@caresolutions.us

Services Offered: This company offers mobility and wound care equipment including vehicle lifts, stair lifts, wheelchairs, scooters, hospital beds and much more. Home Safety Assessments are also available. Diabetic shoes and socks are available. Medicare, Medicaid and Private Insurance are all accepted.

Gordon Family Pharmacy

Contact Person: Jeff Gordon

Phone: (828) 877-6111

Fax: (828) 877-6487

163 Rosman Highway, Brevard, NC 28712

Hours of Operation: M-F 9 am - 6 pm; Sat 9 am - 1 pm

Services Offered: This business offers a large selection of medical equipment including wheelchairs, walkers, bath supplies and more. Wheelchair rentals are available also. Delivery of these items is also possible.

Lincare

Phone: (828) 885-2224

Fax: (828) 885-2252

50 Commerce Street, Building 1 Suite 3, Brevard NC 28712

Services Offered: This business offers state-of-the-art oxygen systems, oxygen therapy, CPAP machines, ventilators and respiratory services.

Loftis Home Medical

Phone: (828) 884-7690

Fax: (828) 884-7692

165 Rosman Hwy., Brevard, NC 28712

Hours of Operation: M-F 9 am - 5 pm

On-call 24 hours a day/ 7 days a week

Services Offered: This business offers oxygen, CPAP and BiPAP machines, nebulizers and more.

MEDICAL SUPPLIES AND EQUIPMENT, continued

Mountain Respiratory Service, Inc.

Phone: (828) 693-3745

Toll Free: (866) 639-3745

Fax: (828) 693-6944

903 Fleming Street, Hendersonville, NC 28791

Website: www.mountainrespiratoryserviceinc.com

Hours of Operation: M-F 9 am - 5 pm

Services Offered: This business offers products that aid in daily living such as CPAP machines, hospital beds, wheelchairs, shower chairs and much more. Medicare is also accepted.

Red Cross - Transylvania County Chapter

Phone: (828) 884-4530

Fax: (828) 883-3829

175 King Street, Brevard NC 28712

Hours of Operation: M-F 9 am - 5 pm; closed 12 pm - 1 pm

Services Offered: This agency lends medical equipment such as wheelchairs, walkers, canes and shower chairs to people in need.

TOWEL Ministry of St. Philip's Episcopal Church

Phone: (828) 884-3666

Fax: (828) 862-3849

256 East Main Street, Brevard, NC 28712

Services Offered: This program builds ramps, chair platforms and hand bars for those in need.

Western Carolina Community Action (WCCA) - Liquid Nutrition Program

Phone: (828) 884-2255

181 Hillview Extension, Brevard, NC 28712

Website: www.wcca.net

Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This program offers liquid nutrition such as Ensure Plus or Glucerna to people over the age of 60 and living on limited income. A doctor's referral is necessary. Cost is based on a sliding fee scale.

MEDICATION ASSISTANCE

Rx Assistance

Phone: (828) 883-5002

260 Hospital Drive, Brevard, NC 28712

Website: www.trhospital.org

Hours of Operation: M,W,F 1 pm - 4 pm

Services Offered: This program is available to residents of Transylvania County. Rx Assistance helps those who qualify get their prescription medication at no cost. Participants must meet guidelines which include income within 200% of federal poverty guidelines and cannot have any type of insurance. The program only helps with maintenance prescriptions for such conditions as diabetes and high blood pressure. No controlled substances are permitted in this program.

MENTAL HEALTH CARE**AgeWell Fresh Start Behavioral Health**

Contact Person(s): Linda Dodds or Mary Halverson

Phone: (828) 862-6393

260 Hospital Drive, Brevard, NC 28712

Services Provided: This service provides intensive outpatient group therapy for those with a mental health diagnosis. The group meets daily from 9:30 am - 11:45 am. Once a week, each member of the group meets with Dr. Pamela Lowe. The doctor also admits new patients once per week and does medication management for those participating in the group. This program accepts Medicare only. Transportation is provided to and from the group sessions.

Alliance Crisis CBS, Inc.

24/7 Crisis Line: (828) 885-TALK (8255)

45 North Country Club Road, Brevard, NC 28712

Hours of Operation: M-F 9 am - 5 pm Crisis Walk-in Service

Services Offered: This program offers mental health and substance abuse counseling for all ages. Walk-in clinics are available for emergency situations. Medicare, Medicaid and Private Insurance are accepted. A sliding fee scale is determined by the providers.

Meridian Behavioral Health Services**Recovery Education Center**

Phone: (828) 883-2708

Fax: (828) 883-2709

69 North Broad Street, Brevard, NC 28712

Email: information@meridianbhs.org

Website: www.meridianbhs.org

Services Offered: This program offers wellness classes and workshops. Referrals for medication management, individual treatment, support and a resource library are also available.

NAMI Four Seasons

Phone: (828) 639-0970

517 Corbly Drive, Hendersonville NC 28739

Services Offered: This program provides support and education for people with serious and persistent mental illness. This program also offers support for families affected by mental illness. Education, support and advocacy groups are available.

Western Highlands Network

Phone(s): (800) 951-3792 or (828) 225-2800

Fax: (828) 225-2784

356 Biltmore Avenue, Asheville, NC 28801

Services Offered: This is a local management entity (LME) serving 8 counties in Western North Carolina. This agency serves those people who have a mental illness, a developmental disability or someone dealing with substance abuse issues. The toll-free phone number listed above can be accessed 24 hours a day/7 days a week.

NURSING HOMES

Brian Center

Phone: (828) 884-2031

Fax: (828) 884-2123

115 N Country Club Road, Brevard, NC 28712

Services Offered: This facility provides extended-stay nursing care to seniors and folks with varying levels of disabilities. Numerous services are provided for the resident including physical therapy, occupational therapy, nutritional services and housekeeping services. The facility has capacity for 147 beds. Medicaid and Medicare are both accepted. A locked unit is also available for certain patients.

The Oaks of Brevard

Phone: (828) 877-4020

Fax: (828) 877-3858

300 Morris Road, Brevard, NC 28712

Services Offered: This facility provides extended-stay nursing care to seniors and folks with varying levels of disabilities. Numerous services are provided for the resident including physical therapy, occupational therapy, nutritional services and housekeeping services. The facility has capacity for 120 beds. Medicaid and Medicare are both accepted.

REASSURANCE PROGRAMS

Brevard Police Department

Contact Person: Dispatch Personnel

Phone: (828) 883-2212

114 W. Jordan Street, Brevard, NC 28712

Hours of Operation: Calls are generally made in the morning hours

Services Offered: Brevard Police Department will contact anyone living inside the city limits to check-in on them daily. The Police Department requires that they have the necessary information on the person that is going to be contacted. This includes a list of health concerns, the primary physician and an emergency contact person. Some one in dispatch will contact the person every morning. Should there be any problems or concerns, then the emergency contact person would be reached at that time. This is a FREE service for all senior citizens and persons with disabilities.

Transylvania County Sheriff's Department

Contact Person: Dispatch Personnel

Phone: (828) 884-3168

153 Public Safety Way, Brevard, NC 28712

Hours of Operation: Calls made between 8 am - 10 am

Services Offered: The Sheriff's Department will make daily contact with any senior citizen or disabled person living in Transylvania County to check on them and make sure that they are doing okay for the day. The Sheriff's Department requires that they have certain information in order to check on the citizen. That information can be given upon registering for the program. This FREE program is available to all senior citizens or disabled persons living in Transylvania County.

REHABILITATION SERVICES

Transylvania Regional Hospital

Phone: (828) 884-9111

260 Hospital Drive, Brevard, NC 28712

Website: www.trhospital.org

Services Offered: The hospital offers several programs that assist people with their rehabilitation.

TRANSITIONAL CARE UNIT: (828) 883-5156

This program is an in-hospital, skilled nursing facility, that provides interim care and rehabilitation. It offers a relaxed setting so that patients are able to make a healthy transition from hospital to home.

CARDIO-PULMONARY REHABILITATION: (828) 883-5322

This program assists people who are recovering from a heart attack, heart surgery or COPD. This program offers medically supervised education, exercise and counseling.

PHYSICAL, OCCUPATIONAL AND SPEECH THERAPIES: (828) 883-4967

This program helps people recover or adjust from injury, disease or other debilitating conditions. Treatment is focused on recovery to the fullest extent.

RESPIRATORY THERAPY AND REHABILITATION:

(828) 883-5270 or (828) 883-5322

This program offers diagnostic tests, treatment and education. It also provides nebulizers and other breathing treatments.

PULMONARY AND SLEEP MEDICINE PROGRAM:

(828) 877-2887

This program works with people who have breathing related sleep disorders. This program is also dedicated to the diagnosis and treatment of all aspects of sleep pathology.

Vocational Rehabilitation Services

Phone: (828) 883-2190

98 East Morgan Street, Brevard, NC 28712

Hours of Operation: M-F 8 am - 5 pm

Services Offered: This program offers assistance for people diagnosed with a chronic physical or mental disability. Eligibility requirements must be met in order to receive services. There is a cost for some services provided through the program but there is a sliding fee scale available.

RENTAL AND UTILITY ASSISTANCE

Financial Assistance at Sharing House

Contact Person: Graham Ganner

Phone: (828) 884-2866

Fax: (828) 884-2573

Oakdale and Duckworth Streets, Brevard, NC 28712

Hours of Operation: M,W-F 9 am - 12 pm and 1 pm - 4 pm; Tues 11 am -4 pm

Services Offered: This program offers assistance with heating and utility bills when a person/family has received a disconnect notice on their bill. This assistance can only be given once per year. Also, if a person/family uses wood heat and is unable to split wood then a cord of wood can be given for assistance. Also, if a person/family uses gas heat and no longer has any source of fuel, then fuel payment may be given. Eligibility guidelines must be met for all resources.

Rental and Utility Assistance

RENTAL AND UTILITY ASSISTANCE, continued

Salvation Army

Contact Person: Charlotte Snelson
Phone(s): (828) 862-6518 or (828) 862-6519
93A North Broad Street, Brevard, NC 28712
Hours of Operation: M-F 8:30 am - 4 pm;
Call for an appointment

Services Offered: This agency offers rental assistance (not deposits) and utility assistance for emergency situations. Eligibility requirements must be met. Also, proper identification, monthly bills and proof of income must be given. This assistance can only be given once per year.

Transylvania County Department of Social Services - Family Assistance Programs

Contact Person: Susie Brown
Phone: (828) 884-3174
106 East Morgan Street, Brevard, NC 28712
Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: Family Assistance Programs are offered to individuals and families in order to assist with the basic needs of daily living. There are several programs each with different eligibility. All services are provided based on available funds. Eligibility requirements must be met. Programs include:

CRISIS INTERVENTION PROGRAM (CIP): This program assists with heating and cooling needs for senior citizens, persons with disabilities and families with a child less than 5 years of age. CIP can be used for oil, gas, deposits or past due electrical bills.

HELPING EACH MEMBER COPE (HEMC): This program assists with heating and cooling needs for senior citizens, persons with disabilities and families with a child less than 5 years of age. The person needing assistance **MUST** be a customer of Haywood Electric Company.

COMMUNITY EMERGENCY ASSISTANCE (CEA): This program provides short-term assistance during an immediate crisis. There must be a child in the home under the age of 18 (or 19 if he/she is a high school student). The funds in this program can be used to pay utilities, rent, temporary shelter, transportation and other things deemed necessary as an emergency.

200% OF POVERTY FUNDS: This program provides short-term assistance to families in an immediate crisis and with a related child under the age of 18 (19 if he/she is a high school student). The needed assistance must be job related. These funds can be used to pay utilities, rent, temporary shelter, transportation and other things deemed necessary as an emergency.

DOMESTIC VIOLENCE FUNDS: This program provides for families or individuals that have been in a domestic violence situation and meet the eligibility requirements.

SENIOR CENTERS / SENIOR INFORMATION**Fitness At Home**

Contact Person: Annie Shipley

Phone: (828) 606-8972

Email: ashipley@morrisbb.net

Services Offered: This program offers fitness instruction in your home setting. The goal of this program is to assist seniors in improving their functional abilities and overall health. This will be done through training in diet, wellness and physical fitness.

Area Agency on Aging - Land-of-Sky Regional Council

Phone: (828) 251-6622

Toll Free: (800) 727-0557

Fax: (828) 251-6353

339 New Leicester Hwy., Suite 140, Asheville, NC 28806

Email: info@landofsky.org

Website: www.landofsky.org

Services Offered: This program is the designated regional organization to meet the needs of persons over 60 in Buncombe, Henderson, Madison, and Transylvania counties, by the North Carolina Division of Aging and Adult Services.

Long-Term Care Ombudsman Program - Land-of-Sky Regional Council

Phone: (828) 251-6622

Toll Free: (800) 727-0557

Fax: (828) 251-6353

339 New Leicester Hwy., Suite 140, Asheville, NC 28806

Email: info@landofsky.org

Website: www.landofsky.org

Services Offered: A Long-Term Care Ombudsman serves as a mediator who seeks to resolve complaints made by or on behalf of people living in long-term care facilities. The Ombudsman provides a way for people to voice their concerns and have their complaints addressed. The Ombudsman works with all parties to resolve a problem. The Ombudsman also provides information and education regarding long-term care to members of the community.

Silvermont Opportunity Center

Contact Person: Alice Taylor

Phone: (828) 884-3166

364 East Main Street, Brevard, NC 28712

Email: Silvermont@transylvaniacounty.com

Website: www.wcca.net

Services Offered: This program provides people 60 years and over a midday meal and a variety of recreational, social and educational programs. They include computer lab, dance classes, music lessons, book club and much more. Transportation may be available through county transportation. For more information contact Alice Taylor on Mon and Wed from 8 am until 4 pm and Tues, Thurs and Fri from 8 am until 12 pm.

SOCIAL SERVICES

Transylvania County Department of Social Services

Phone: (828) 884-3174

106 East Morgan Street, Brevard, NC 28712

Hours of Operation: M-F 8:30 am - 5 pm

Services listed below:

Adult Medicaid

Contact Person: Medicaid Intake Worker

Services Offered: This program assists individuals with the cost of medical care and other related costs. Adult Medicaid provides medical insurance, financial assistance for residential care and in some cases assistance to avoid residential care. Adult Medicaid can be for nursing home residents, assisted living residents, adults with disabilities, elderly individuals and individuals in specialized programs such as Community Alternative Programs (CAP) and Special Assistance In-Home. Eligibility for Adult Medicaid is based on income and resource guidelines.

Adult Protective Services (APS)

Contact Person: Intake Social Worker

**After regular business hours call (828) 884-3188 and ask to speak to the Adult Services On-Call Social Worker.

Services Offered: APS evaluates reports alleging that disabled adults with a physical or mental incapacity or elderly adults are abused, neglected or exploited and are in need of protective services. APS will determine whether the adult is able to perform and/or obtain necessary services. APS also assesses the situation to determine what services are needed to protect the adult from further mistreatment

Community Resource Connections

Contact Person: Shanaia Powell ext. 278

M,W,F 9 am - 12 pm

Services Offered: This program helps link folks in the community to services that are appropriate for their needs. This program also helps the consumer make informed decisions about services offered in the community.

Facility Licensing and Monitoring Services

Contact Person: Intake Social Worker

Services Offered: This program licenses and monitors family care homes, adult care homes, assisted living facilities, adult day health centers and adult day care centers for compliance with state/federal rules and regulations. Complaints and non-compliance in these facilities are investigated through this program. Public records are kept of all complaints, state surveys and penalties.

Family Assistance Programs

Contact Person: Susie Brown

Services Offered: Family Assistance Programs are offered to individuals and families in order to assist with the basic needs of daily living. There are several programs each with different eligibility. All services are provided based on available funds. Eligibility requirements must be met. Programs include:

CRISIS INTERVENTION PROGRAM (CIP): This program assists with heating and cooling needs for senior citizens, persons with disabilities and families with a child less than 5 years of age. CIP can be used for oil, gas, deposits or past due electrical bills.

HELPING EACH MEMBER COPE (HEMC): This program assists with heating and cooling needs for senior citizens, persons with disabilities and families with a child less than 5 years of age. The person needing assistance MUST be a customer of Haywood Electric Company.

COMMUNITY EMERGENCY ASSISTANCE (CEA): This program provides short-term assistance during an immediate crisis. There must be a child in the home under the age of 18 (or 19 if he/she is a high school student). The funds in this program can be used to pay utilities, rent, temporary shelter, transportation and other things deemed necessary as an emergency.

200% OF POVERTY FUNDS: This program provides short-term assistance to families in an immediate crisis and with a related child under the age of 18 (19 if he/she is a high school student). The needed assistance must be job related. These funds can be used to pay utilities, rent, temporary shelter, transportation and other things deemed necessary as an emergency.

DOMESTIC VIOLENCE FUNDS: This program provides for families or individuals that have been in a domestic violence situation and meet the eligibility requirements.

Food and Nutrition Services (Food Stamps)

Contact Person: Food and Nutrition Services Intake Worker

Services Offered: Food and Nutrition Services (FNS) assist eligible households with purchase of food. A household may be individuals or families. Eligibility for FNS is based on income and reserve guidelines.

Guardianship

Contact Person: Intake Social Worker

Services Offered: The Department of Social Services must sometimes initiate or help families initiate guardianship proceedings for incompetent adults. When DSS has guardianship of an adult, then case management services are provided and decisions are made for the adult. The general public can also call the Department of Social Services to ask questions about guardianship. DSS can offer guidance and support for these situations.

Nursing Home Complaints

Transylvania County does not monitor or license the Nursing Homes in the county. Complaints can be made by calling (828) 624-3004 or Land-of-Sky Regional Council's Ombudsman Program at (828) 251-6622.

Representative Payee

Contact Person: Intake Social Worker

Services Offered: The Department of Social Services is an appointed payee for folks in the community who receive SSI, Social Security and SA In-Home. The consumers that have a payee have been deemed to be unable to manage their funds. The representative payee pays the clients bills and manages their money appropriately.

Special Assistance In-Home Program

Contact Person: Intake Social Worker

Services Offered: This program has 16 slots to provide case management to those on Medicaid and who are receiving no other Medicaid Case Management services. This program allows individuals to stay in a private living arrangement as an alternative to assisted living. This program also helps pay for extra services that enable the client to live safely in their own home, such as a wheelchair ramp.

State Adult Day Care Fund

Contact Person: Intake Social Worker

Services Offered: This program certifies individuals for financial assistance to enable them to attend Adult Day Programs. This program also monitors the expenditures of the funds.

SUBSTANCE ABUSE

Alliance Crisis CBS, Inc.

24/7 Crisis Line: (828) 885-TALK (8255)

45 North Country Club Road, Brevard, NC 28712

Hours of Operation: M-F 9 am -5 pm Crisis Walk-in Service

Services Offered: This program offers mental health and substance abuse counseling for all ages. Walk-in clinics are available for emergency situations. Medicare, Medicaid and Private Insurance are accepted. A sliding fee scale is determined by the providers.

Families Together, Inc.

Phone: (828) 884-2027

Toll Free: (877) 258-0037

Fax:(828) 258-0038

1910-A Asheville Hwy., Brevard, NC 28712

Website: www.familiestogether.net

Services Offers: This program provides initial assessments, outpatient therapy, case management and mobile crisis to the clients. The therapists will work with the individual in the home or in the community so that the client's needs are best met. Medicaid is accepted.

First Step Farm of WNC

Phone: (828) 667-0587

Fax: (828) 665-5606

PO Box 1450, Candler, NC 28715

Email: info@firststepfarmwnc.org

Website: www.firststepfarmwnc.org

Services Offered: This program is aimed at promoting a resident's self determined efforts to recover from chemical dependency. First Step Farm serves to restore the self-respect and esteem of the individual, helping to lead them to an understanding of their problem. Once this is attained, motivation towards sustained abstinence is sought and supported by positive influences from 12 Step self-help fellowships.

Julian F. Keith Alcohol and Drug Abuse Treatment Center (ADATC)

Phone: (828) 257-6200

Fax: (828) 257-6300

201 Tabernacle Road, Black Mountain, NC 28711

Website: www.jfkadatc.net

Services Offered: This center is an 80 bed inpatient treatment facility designed to meet the needs of alcohol and other drug dependent adults of the 37 westernmost counties in North Carolina. The facility treats chemically dependent consumers and also those who have a substance abuse and psychiatric diagnosis.

Meridian Behavioral Health Services**Recovery Education Center**

Phone: (828) 883-2708

Fax: (828) 883-2709

69 North Broad Street, Brevard, NC 28712

Email: information@meridianbhs.orgWebsite: www.meridianbhs.org

Services Offered: This program offers wellness classes and workshops. Referrals for medication management, individual treatment, support and a resource library are also available.

Mountain Counseling Associates

Phone: (828) 883-9676

Toll Free: (877) 696-9143

Fax: (828) 692-7300

45 North Country Club Road, Brevard, NC 28712

Services Offered: This agency offers services for adults, adolescents, children, couples and families seeking support for a wide variety of needs. We also have a psychiatrist to provide adult medication assessments and prescriptions. Most private insurance, Medicare and Medicaid are accepted.

Neil Dobbins Center**Crisis and Detox Inpatient Facility**

Phone: (828) 253-6306

277 Biltmore Avenue, Asheville, NC 28801

Services Offered: This program provides crisis intervention for patients. There is a detox unit for alcohol, methadone and some opiates.

Parkway Behavioral Health- Hendersonville Office

Phone: (828) 697-2660

120 Grove Street, Hendersonville, NC 28792

Services Offered: The Hendersonville office of PBH provides a range of services for individuals with mental health issues and dual diagnosis needs (dual diagnosis means mental health issues in conjunction with substance abuse issues). These services include: daytime emergency MH/SA and walk in triage, MH/SA assessments and evaluations, community support team, MH individual therapy, MH medication evaluations, medication evaluations, SA individual & group, SA intensive outpatient program, DWI assessment and treatment.

Pavillon

Phone: (828) 694-2300

241 Pavillon Place, Mill Spring NC 28756

Services Offered: This program provides a 6 or 12 week residential treatment program, clinical staff, comprehensive outpatient services, relapse prevention tools and support programs for family. Assessments are completed and substance abuse, mental health and medical conditions are all evaluated. This is all completed as quickly as possible so that the appropriate treatment can begin for the patient.

SUBSTANCE ABUSE, continued

Swain Recovery Center

Phone: (828) 669-4161

Toll Free: (888)732-3362 (24 Hour Crisis Line)

932 Old US Hwy 70 W, Black Mountain, NC 28711

Services Offered: This program is a residential substance abuse treatment program located in the Black Mountain Neuro-Medical Center. The environment promotes healing of the mind, body, and spirit for individuals who are seeking drug-free recovery. This program is a voluntary, confidential program based on a comprehensive client assessment.

Western Highlands Network

Phone(s): (800) 951-3792 or (828) 225-2800

Fax: (828) 225-2784

356 Biltmore Avenue, Asheville, NC 28801

Services Offered: This is a local management entity (LME) serving 8 counties in Western North Carolina. This agency serves those people with a mental illness, a developmental disability or someone dealing with substance abuse issues. The toll-free phone number listed above can be accessed 24 hours a day/7 days a week.

SUPPORT GROUPS

Alcoholics Anonymous

Phone: (828) 885-2788

Meetings are at various times and various places. Call for more information.

Alzheimer's Support Group

Contact Person: Kathe Harris

Phone: (828) 862-6970

Meets 4th Thurs of every month at 5:30 pm

Location: KOALA at Transylvania Regional Hospital

This group provides education and support for caregivers and family members who have a loved one with Alzheimer's or dementia.

Brevard Fibromyalgia, Chronic Pain and Fatigue Support Group

Contact Person: Linda Lander

Phone(s): (828) 884-4844 or or (828) 577-1973

Meets 3rd Thurs of every month

Location: Unitarian Universalists of Transylvania County

This group provides participants and their families with education about these illnesses, how others cope and what health care professionals suggest about treatment.

Cottingham Prostate Cancer Support Group

Contact Person: Larry Ragsdale

Phone: (828) 883-5846

Meets 4th Mon of every month at 6:30 pm

Location: United Community Bank, Strauss Park

This group provides education and support for men who have been diagnosed with prostate cancer. Methods of treatment and therapy options are also discussed.

Growing Through Grief Support Group

Contact Person: Liz Cozart

Phone: (828) 883-5251

Meets 2nd and 4th Tues of every month at 5 pm

Location: Chapel at Transylvania Regional Hospital

This group provides support and fellowship with others who have experienced a loss. Marcus Dodson, chaplain at TRH, facilitates the group.

Memory Caregiver's Network

Contact Person(s): Pat Hilgendorf or Mary Donnelly

Phone(s): (828) 645-9189 or (828) 230-4143

Meets 3rd Tues of every month at 5:30 pm

Location: Duke Conference Room at Park Ridge Hospital

This is a support group of caregivers of people with memory loss. However, it's not limited to caregivers of people with memory loss. It is open to any caregiver.

NAMI Advocates for Mental Health

Contact Person: Sandy Goble

Phone: (828) 884-6103

Meets 1st Thurs of every month at 6:30 pm

Location: Transylvania Regional Hospital Transitional Care Conference Room

This is an advocacy group for community education and support for families and consumers challenged by mental illness, developmental disabilities or substance abuse.

NAMI Connections

Contact Person: Kay Speckman

Phone: (828) 883-4603

Meets Every Wed at 6:30 pm

Location: Transylvania Regional Hospital Newland Conference Room

This group provides recovery-based support for people with mental illness including depression, bipolar and mood disorders.

NAMI Family Support Groups

Contact Person: Kay Speckman

Phone: (828) 883-4603

Meets 2nd and 4th Thurs of every month at 6:30 pm

Location: Transylvania Regional Hospital Transitional Care Conference Room

This group provides support for families and friends of people who suffer from mental illness.

Parkinson's Resource Group

Contact Person(s): Linda and Dave Eden

Phone: (828) 862-8820

Meets 2nd Tues of every month at 10 am

Location: Brevard-Davidson River Presbyterian Church

This group provides the participants with information and experiences that will improve quality of life for those with Parkinson's. Spouses and friends are encouraged to attend.

SUPPORT GROUPS, continued

Services for the Blind Group

Contact Person: Susan Leschak

Phone: (828) 884-3174 ext. 287

Meets 2nd Wed of every month at 2 pm

Location: College Walk Auditorium

This group provides support for anyone in county with vision loss. Loved ones and support persons are welcome.

TRANSPORTATION

Medicaid Transportation

Contact Person: Lisa McDaris

Phone: (828) 884-3283

Fax: (828) 884-4199

203 East Morgan Street, Brevard, NC 28712

Hours Of Operation: M-F 8:30 am - 4 pm

Services Offered: This program provides transportation to Medicaid clients only for medical appointments. Gas vouchers or use of the City Cab is used to assist in getting Medicaid clients to their medical appointments. For in-county appointments, 24 hour notice is needed. For out-of-county appointments, 2 weeks notice is needed.

Arc Angel provides wheelchair accessible transportation for Medicaid clients. A two or three day notice is needed for this service to be set up for the client.

Transylvania County Transportation

Contact Person: Shelia Hunter

Phone: (828) 884-3203

Fax: (828) 884-4199

203 East Morgan Street, Brevard, NC 28712

Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This program provides transportation services to the general public. Transportation is given to the following programs: Senior Adult Congregate Meal Sites and Transylvania Vocational Services. Transportation is also provided for appointments, shopping, etc. The cost is \$1.00 per stop for the van rides.

The Transportation Office needs to be notified of the need by 10 am the day prior to the appointment. For Monday appointments, the office must be notified by 10 am on Friday.

The general public stops are those on the van routes. If clients do not live on the transportation route, they will pay a flat fee of \$5.00. These trips are contracted through City Cab. The City Cab will transport out-of-county for a fee of \$15.00.

VETERAN'S SERVICES

Veteran's Affairs Medical Center

Phone: (828) 297-7911

Fax: (828) 299-2502

1100 Tunnel Road, Asheville, NC 28805

Hours of Operation: M-F 8 am - 4:30 pm

Website: www.asheville.va.gov

Services Offered: The VA Medical Center offers a wide range of medical services, both mental and physical to Veterans. Appointments may be scheduled by calling the number listed above. Nursing Home Care is also provided and can be accessed through the same telephone number. Also, housing and legal assistance is available

Veteran's Services of Transylvania County

Phone: (828) 884-3276

106 East Morgan Street, Brevard, NC 28712

Email: veterans.service@transylvaniacounty.org

Hours of Operation: Tues and Thurs 8:30 am - 4:30 pm

Services Offered: The primary purpose of this office is to assist U.S. military veterans in applying for various benefits for which they are entitled. This includes such things as application to receive medical care at the VA hospital, receiving VA pension due to service-connected disabilities, obtaining copies of discharge papers or military decorations and answering questions from veterans about other benefits.

VISION / HEARING CARE

Lions Club

Contact Person: Ed Brackney

Phone: (828) 884-3518

89 Forest Ridge Ave, Brevard, NC 28712

Hours of Operation: M-F 9 am - 5 pm

Services Offered: This service provides financial assistance for eye exams and eyeglasses. Eligibility is determined based on income. Income must be food stamp level.

NC Services for the Blind

Contact Name: Susan Leschak

Phone: (828) 884-3174 ext. 287

Fax: (828) 884-3261

106 East Morgan Street, Brevard, NC 28712

Hours Of Operation: Wed

Regional Office: 50 S. French Broad Street, Suite 153, Asheville NC 28801

Phone: (828) 251-6732

Services Offered: This service provides an independent living program, adjustment to vision loss training, in-home assistance and low-vision aids for those in the county with vision loss. A current eye report from the doctor must be given to the social worker to be eligible for the program. The social worker will meet one-on-one with the client to determine what type of services and assistance is needed. Services are offered free of charge to the clients.

VISION / HEARING CARE, continued

NC Services for the Deaf and the Hard of Hearing

Voice Phone: (828) 665-8733

Toll Free: (800) 681-7998

TTY Phone: (828) 665-8737

TTY Toll Free: (800) 681-8035

Fax: (828) 670-5054

12 Barbetta Drive, Asheville, NC 28806

Services Offered: This service provides for all individuals who are deaf or hard of hearing and their family members. This service provides advocacy, consultation, communication and support. There is no charge for most services offered to the clients.

VOCATIONAL SERVICES / PROGRAMS

Adult Developmental and Vocational Program (ADVP) - Transylvania Vocational Services, Inc.

Contact Person: Carla Hill

Phone: (828) 884-3195

Fax: (828) 884-3102

11 Mountain Industrial Drive, Brevard, NC 28712

Mailing Address: PO Box 1115, Brevard, NC 28712

Email: Carla@tvsinc.org

Website: www.tvs.inc.org

Services Offered: This program is designed to prepare individuals with disabilities to live and work independently as possible. Services and supports are designed to assist participants, develop skills and social relationships. ADVP serves adults 18 and over who need pre-vocational services. The adults are paid for their work.

Employment Services - Transylvania Vocational Services, Inc.

Contact Person: Carla Hill

Phone: (828) 884-3195

Fax: (828) 884-3102

11 Mountain Industrial Drive, Brevard, NC 28712

Mailing Address: PO Box 1115, Brevard, NC 28712

Email: Carla@tvsinc.org

Website: www.tvs.inc.org

Services Offered: This program provides employment services through Vocational Rehabilitation. It provides assessment and information to help individuals with barriers to employment. This program also provides opportunity for paid work training, job coaching and long term follow-up support. The adult involved in this program must have a disability.

Employment Security Commission / Job Link

Phone: (828) 884-3214

Fax: (828) 862-3525

203 East Morgan Street, Brevard, NC 28712

Email: esc.jobs.brevard@ncesc.gov

Website: www.ncesc.com

Hours of Operation: M-F 8:30 am - 5 pm; Closed from 12 pm - 1 pm

Services Offered: This program assists job seekers and employers. Assessment of skill-level and additional training is available if necessary. This program helps link qualified applicants with employers so that they may return to the workforce.

Vocational Rehabilitation Services

Phone: (828) 883-2190

98 East Morgan Street, Brevard, NC 28712

Hours of Operation: M-F 8 am - 5 pm

Services Offered: This program offers assistance for people diagnosed with a chronic physical or mental disability. Eligibility requirements must be met in order to receive services. There is a cost for some services provided through the program but there is a sliding fee scale available.

VOLUNTEER OPPORTUNITIES

American Red Cross

Phone: (828) 884-4530

Website: www.redcrosswnc.org

This agency is a humanitarian organization led by its volunteers. It provides relief to victims of disaster and helps people prevent, prepare for and respond to emergencies.

Anchor Baptist Ministries International

Phone: (828) 877-2978

Website: www.anchorbaptist.org

This agency works with Christian missionaries to provide tools and assistance to allow them to better serve others. The warehouse provides food, furniture and other need to the people of Transylvania County.

Boys and Girls Club of Transylvania County

Phone: (828) 885-7800

Website: www.bgctransylvania.org

This organization enables young people to reach their full potential as productive, caring and responsible citizens. An afterschool program and a summer program are provided to the children of Transylvania County.

Bread of Life

Phone: (828) 877-3577

This organization is a free soup kitchen that provides a warm meal to those in need in Transylvania County.

Brevard Police Department

Phone: (828) 883-2212

Website: www.cityofbrevard.com

The department pledges to provide professional services to the community through integrity, respect and teamwork.

VOLUNTEER OPPORTUNITIES, continued

Charlie's Angels Animal Rescue

Phone: (828) 885-DOGS (3647)

Website: charliesangelsanimalrescue.com

The primary focus of this group is to assist with the rescue of dogs and cats from the local animal shelter. They attempt to find every animal a safe home.

Children's Center Emporium

Phone: (828) 877-5250

The shop sells children's clothing and toys. The proceeds benefit the Children's Center.

Children's Center of Transylvania County

Phone: (828) 885-7286

This agency provides support for "at-risk" children. Also, support for parents of abused children who may need help navigating through the legal system is also provided.

Cradle of Forestry Interpretive Association

Phone: (828) 884-5713

Website: www.cradleofforestry.com

This is a historic site within Pisgah National Forest. This focus is on conservation in the forest. The purpose of this program is to stimulate the interest between people and the forest.

Friends for Life Forever Farm

Phone: (828) 508-2460

Website: www.friendsforlifeforeverfarm.org

This is a sanctuary for senior and special needs dogs and cats. This organization provides animals with the best life possible.

Guardian Ad Litem Program

Phone: (828) 694-4215

Website: www.ncgal.org

This organization provides court advocates for children who have been abused and/or neglected. The GAL program serves the best interest of children while trying to ensure the child remains safe.

Habitat for Humanity

Thrift Store: (828) 862-4663

Housing Ministry: (828) 884-3464

Website: www.transylvaniahabitat.org

This organization helps to ensure that every family in the county has a decent and safe place to live. The proceeds from the thrift store benefit the cause.

Humane Society Thrift Store

Phone: (828) 884-6577

This shop has donated items for resale. The proceeds benefit the Humane Society.

Land-of-Sky Regional Council Volunteer Opportunities

Phone: (828) 251-6622

Website: www.landofsky.org

The volunteer programs through LOS give opportunity to folks age 55 and old to make a difference in the community. Some of the programs require eligibility for income guidelines while others are available to anyone. Also, some of the programs pay a stipend.

Meals on Wheels

Phone: (828) 883-3743

This organization delivers meals to people to help them maintain their independence and stay in their own home. Midday meals are delivered 5 days per week.

New Adventure Learning Center

Phone: (828) 884-3232

This program is a daycare supported by Transylvania County. It serves a wide range of children meeting their needs daily.

Quebec Congregate Meal Site

Phone: (828) 862-4466

This program offers midday meals and social activities to people over the age of 60.

Rise and Shine Freedom School

Phone: (828) 883-2295

Website: www.riseshine.org

This program is a comprehensive academic mentoring program. It provides 1:1 mentoring for children from Kindergarten to 12th grade.

SAFE Inc. of Transylvania County

Phone: (828) 885-7233

Website: www.safebrevard.com

This agency works to prevent domestic violence in Transylvania County. Safe offers domestic violence education and advocacy as well as a shelter. There are also two thrift stores that support the agency's mission.

Salvation Army

Phone(s): (828) 862-6518 or (828) 862-6519

Website: www.salvationarmyusa.org

This organization provides quality social services to the community. They do this through a variety of ways including thrift stores, emergency assistance and educational programs.

Silvermont Opportunity Center

Phone: (828) 884-3166

This program provides a midday meal along with recreational and social activities to people over the age of 60.

Sharing House

Phone: (828) 884-2866

Websites: www.sharinghouse.org

This agency aims to help people in crisis. They provide financial assistance for utilities. They also help with food, clothing and other immediate needs.

Volunteer Opportunities

VOLUNTEER OPPORTUNITIES, continued

Senior's Health Insurance Information Program (SHIIP)

Phone: (828) 884-3109

This program helps people to understand the different parts of Medicare. They also aim to answer questions regarding the different aspects of Medicare.

The Center for Women

Phone: (828) 885-7885

Website: www.brevardwomenscenter.com

This agency works with women who are facing unplanned pregnancies or post-abortion trauma. The center offers support, counseling, education and referrals.

The Family Place

Phone: (828) 883-4857

Website: www.familyplacewnc.org

This agency helps families by offering programs and services. Also, information and support through different programs and activities are available.

The Haven Shelter

Phone: (828) 877-2040

Website: www.thehavenshelter.org

This is a shelter that provides assistance to homeless families/individuals in Transylvania County.

Transylvania County Board of Elections

Phone: (828) 884-3114

Website: www.transylvaniaselections.org

This office oversees the elections process in Transylvania County. It is a bi-partisan office.

Transylvania County Community Arts Council

Phone: (828) 884-ARTS (2787)

Website: www.tcarts.org

This program helps enhance the arts in Transylvania County through a variety of programs. There are programs for school-aged children and adults. There are also art shows, art classes and special events throughout the year.

Transylvania County Library

Phone: (828) 884-3151

Website: www.transylvania.lib.nc.us

This business offers the county a wide range of services. In addition to the books there is also a large array of programs for children, teens and adults.

Transylvania County Parks & Recreation Department

Phone: (828) 884-3156

Website: www.transylvaniacounty.org

This agency offers a number of recreational opportunities. There are seven parks in the county. In addition, there are athletic, art/leisure and fitness programs available to people of all ages.

Transylvania County Schools

Phone: (828) 884-6173

Website: www.transylvania.k12.nc.us

There are numerous schools to choose from in Transylvania County. Each school has its own programs and activities.

Transylvania County Sheriff's Department

Phone: (828) 884-3168

Website: www.transylvaniasheriff.org

This office provides law enforcement, investigation, detention and court services in the county.

**Transylvania County Volunteers in Medicine
(Free Clinic)**

Phone: (828) 883-4454

Website: www.tcvim.org

This organization offers medical services to the people in need of Transylvania County/

Transylvania Regional Hospital

Phone: (828) 884-9111

Website: www.trhospital.org

This business serves the people of Transylvania County in a caring and generous manner. There are numerous departments, services and programs at TRH.

United Way of Transylvania County

Phone: (828) 883-8822

Website: www.unitedwaytransylvania.org

This agency brings people together using resources so that the needs of the community can be met.

Western Carolina Community Action (WCCA)

Phone: (828) 884-2255

Website: www.wcca.net

This agency helps people build financial stability, improve self-esteem, become self-reliant, develop personal responsibility and contribute to the community. They also provide the services, education and advocacy to create these opportunities.

OTHER

AARP Tax Assistance

Phone: (828) 884-4787

This program provides State and Federal income tax preparation assistance to senior adults. Eligibility requirements must be met.

American Cancer Society

Phone: (828) 254-6931

120 Executive Park #1, Asheville, NC 28801

Hours of Operation: M-F 8 am - 5 pm

National Toll Free Number: (800) 227-2345

Other

OTHER, continued

American Red Cross - Transylvania Chapter

Phone: (828) 884-4530

175 King Street, Brevard, NC 28712

Arthritis Foundation Carolinas Chapter

Phone: (704) 529-5166

Toll Free: (800) 883-8806

Fax: (704) 529-0626

200 East Woodlawn, Suite 156, Charlotte NC 28217

Email: info.car@arthritis.org

Website: www.arthritis.org

A Simple Move

Contact Person: Trish Meller

Phone: (828) 884-9460

Brevard NC 28712

Services Offered: This business offers a moving service that helps when folks may need to move in with relatives or into a nursing/assisted living facility. Estate sales, organizing and de-cluttering are also available. The number listed is available during the day as well as evenings, weekends and holidays.

NC Attorney General's Office

Phone: (877) 5 NO SCAM (1-877-566-7886)

Website: www.ncdoj.com

This number can assist with consumer protection, frauds, scams and identity theft.

NC Cooperative Extension Office

Phone: (828) 884-3109

98 East Morgan Street, Brevard, NC 28712

Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This office provides classes such as healthy eating, cooking, food safety, gardening, budgeting and household energy reduction to the community. Other programs such as Master Gardener's Clinic, Senior Health Insurance Information Program (SHIIP) are also available.

Social Security Administration Office

Phone (Local): (866) 964-5053

Phone (National): (800) 772-1213

TTY: (800) 325-0778

205 S Grove Street, Hendersonville, NC 28792

Hours of Operation: M-F 9 am - 4 pm

The Center for Dialogue (Dispute Settlement)

Phone(s): (828) 877-3815 or (828)877-5060

178 Caldwell Street, Brevard, NC 28712

Hours of Operation: M-Thurs 9 am - 5 pm; Fri 9 am - 1 pm

Services Offered: The Center for Dialogue promotes peaceful communities and positive change in individuals and organizations through the use of mediation, dialogue, and the teaching of human relationship skills. Many services are free of charge, but donations from clients are encouraged.

Transylvania County Animal Shelter

Phone: (828) 883-3713

Ross Road, Brevard, NC 28712

United Way of Transylvania County

Phone: (828) 883-8822

RBC Centura Bank Building

101 West Jordan Street Suite 4, Brevard, NC 28712

Mailing Address: PO Box 53, Brevard, NC 28712

Email: unitedwaytc@citcom.net

Website: www.unitedwaytransylvania.org

Services Offered: This agency strives to build a stronger Transylvania by mobilizing our community to empower people to improve their lives. Call 2-1-1 (or 252-4357) to find services or volunteer opportunities in Transylvania County. This number is a 24-hour community number.

Western Carolina Community Action (WCCA)

Phone: (828) 884-2255

Fax: (828) 884-3887

181 Hillview Extension, Brevard, NC 28712

Website: www.wcca.net

Services Offered: This agency helps people build financial stability, improve self-esteem, become self-reliant, develop personal responsibility and contribute to the community. They also provide the services, education and advocacy to create these opportunities.

WEBSITES & PHONE NUMBERS

Need Internet Access? Contact your local library or senior center.

AARP

National - www.aarp.org/life/caregiving(888) 687-2277
NC State Office - www.aarp.org/states/nc (866) 389-5650
Toll Free Spanish.....(877) 627-3350
Toll Free TTY.....(877) 434-7598

Advance HealthCare Directive Registry - www.secretary.state.nc.us/ahedr/

Benefits Check Up - www.BenefitsCheckUp.org

Quickly and easily identify what programs and services persons may qualify for and how to access them.

Community Services Information and Referrals - www.211WNC.org.....211

If you can find a phone, you can find help. Call 2-1-1

Duke Family Support Program - www.geri.duke.edu/service/dfsp.services.html

Elder Care Locator - www.eldercare.gov/Eldercare.Net/public/Index.aspx

Information about community resources for seniors - anywhere in the country.....(800) 677-1116

Calls taken, Monday through Friday, 9 am - 8 pm (ET). When you call you should have this information available:

- The county, city or zip code of the older person requiring assistance.
- A brief description of the type of assistance you are seeking.

Family Caregiving 101 - www.familycaregiving101.org

National Family Caregivers Association and the National Alliance for Caregiving

Full Circle of Care - www.fullcirclegcare.org

Helping family caregivers complete the cycle of care.

Healthfinder - www.healthfinder.gov

Links to support and self-help groups, general information, tips, managing stress, and information on most diseases. Can access in Spanish.

Hospice Net - www.hospicenet.org

For patients and families facing life-threatening illness.

Land-of-Sky Regional Council's Area Agency on Aging - www.landofsky.org/aaa.....(828) 251-6622

or (800) 727-0557

Medicare - www.medicare.gov.....(800) MEDICARE or (800) 633-4227-3

Medicare Rights Center - www.medicarerights.org.....(800) 333-4114

National Academy of Elder Law Attorneys, Inc. - www.naela.org.....(703) 942-5711

Resources to those involved with legal services to the elderly and disabled.

National Association of Professional Geriatric Managers - www.caremanager.org.....(520) 881-8008

Membership directory is listed on their website.

National Family Caregiver Alliance - www.caregiver.org.....(800) 445-8106

Central source of information and technical assistance on caregiving for policy makers, families, health and service providers and program developers.

National Family Caregiver Support Program - www.aoa.gov/aoroot/aoa_programs/acltc/caregiver/index.aspx

National Family Caregivers Association - www.nfccaes.org.....(800) 896-3650
Educational and informational materials for family caregivers.

Next Step in Care - www.nextstepincare.org

Easy to use guides to help family caregivers and health care providers work together to plan for care. (United Hospital Fund) Has smart phone.

North Carolina Division of Aging and Adult Services - www.ncdhhs.gov/aging.....(919) 733-3983

Senior's Health Insurance Information Program - www.ncdoi.com/consumer/SHIIP/SHIIP.asp.....(800) 443-9354
Transylvania County SHIIP Counseling Site.....(828) 884-3109

Social Security Administration - www.ssa.gov.....(800) 772-1213

VA Benefits for Caregivers of Veterans - www.caregiver.va.gov.....(855) 260-3274

Well Spouse Organization - www.wellspouse.org.....(800) 838-0879
Virtual support community for spouses of the frail elderly including message boards and live internet chats with other spouse caregivers.

DISEASE SPECIFIC RESOURCES

Alzheimer's Association - www.alz.org.....(800) 272-3900

Alzheimer's Association Western Carolina Chapter - www.alz.org/northcarolina.....Helpline: (800) 272-3900

Arthritis Foundation (National Office) - www.arthritis.org.....(800) 283-7800

Brain Injury Association of North Carolina - www.biane.net.....(828) 277-4868

Brain Tumor Support (WNC) - www.wncbraintumor.org.....(800) 770-8287

Cancer Society (American Cancer Society) - www.cancer.org.....24 Hour Call Service: (800) 227-2345

Cancer Survival Toolbox - www.cancersurvivaltoolbox.org

Provided by the National Coalition for Cancer Survivorship. Available in Chinese, Spanish and English.

Diabetes (American Diabetes Association) - www.diabetes.org.....(800) 342-2383

Heart Disease / Stroke (American Heart Association) - www.heart.org.....(800) 242-8721

Huntington's Disease Society of America - www.hdsa.org.....(888) 345-4372

Lou Gehrig's Disease (ALS Association) - www.alsa.org.....(800) 782-4747

Lung Disease - www.lungusa.org.....(800) 586-4872

Osteoporosis (National Osteoporosis Foundation) - www.nof.org.....(800) 231-4222

Parkinson's Disease (American Parkinson's Disease Association) - www.apdaparkinson.org.....(800) 223-2732

Stroke (American Stroke Association) - www.stroke.org.....(888) 478-7653

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Transylvania County Schools	(828) 884-6173	49
Transylvania County Sheriff's Department	(828) 884-3168	3,32,49
Transylvania County Transportation	(828) 884-3203	42
Transylvania County Volunteers in Medicine (Free Clinic).....	(828) 883-4454	19,49
Transylvania Regional Hospital	(828) 884-9111	9,19,33,49
Transylvania Regional Hospital Diabetes Education Program.....	(828) 883-5195	19
Transylvania Regional Hospital Fitness Program	(828) 883-5322	20
Transylvania Regional Hospital Home Care	(828) 883-5254	22-23
Transylvania Regional Hospital Hospice	(828) 883-5254	25
Transylvania Regional Hospital Mammogram Department.....	(828) 883-5132	19
Transylvania Vocational Services, Inc.	(828) 884-3195	4,9,17,44

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United Way of Transylvania County.....	(828) 883-8822	49,51
Veteran's Affairs Medical Center	(828) 297-7911	43
Veteran's Services of Transylvania County.....	(828) 884-3276	43
Vocational Rehabilitation Services	(828) 883-2190	33,45

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WCCA Liquid Nutrition Program.....	(828) 884-2255	30
Weatherization Program - WCCA	(828) 884-2255	25
Well Spouse Foundation.....		7
Western Carolina Community Action - WCCA.....	(828) 884-9222	8,15,17,25,30,49,51
Western Carolina Rescue Mission	(828) 254-0471	24
Western Highlands Network	(828) 225-2800	11,311,40
Wound Care/Ostomy & Continence Services	(828) 883-5353	20



Land-of-Sky Regional Council

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Land-of-Sky Regional Council's Area Agency on Aging Family Caregiver Support Program

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